



#DOTHING

There are now more than 70 million people in the world who have been forcibly displaced. According to UNHCR, one person is forcibly displaced every two seconds as a result of conflict or persecution. With the challenges of forced displacement

At JRS/USA, we think that **no matter where you live, there are ways that you can respond to today's refugee crisis.** Doing just one thing – advocating, volunteering, sharing, participating – in your community can help refugees and migrants.

WHAT IS 1 THING YOU CAN DO TO HELP ?

EXPERIENCE Use JRS/USA's [Walk a Mile in My Shoes Refugee Simulation](#) and provide your community with an opportunity to pause and learn about the experience, frustrations, disappointments, and hopes that refugees around the world face.

ADVOCATE Join JRS/USA in Washington, D.C. for our [2020 Advocacy Day](#) on Capitol Hill.

PRAY Pray for the protection of refugees and migrants, for they are the presence of God. [Click here for a prayer for refugees](#) from Fr. Leo O'Donovan S.J.

ORGANIZE Start a [JRS Refugee Action](#) team at your school, parish, or community to support displaced people around the world through raising awareness, advocacy, fundraising, and other programming centered on refugees.

VOLUNTEER Find the local refugee resettlement agency offices near you ([click here](#)) and help a refugee in need of assistance learning a new language, meeting friends, or even finding employment and housing.

FUNDRAISE Gather your local community or parish and raise funds for refugees around the world. [Click here to contact the JRS/USA development team to get started.](#)

SHARE Did you commit to do one thing last year? Tell us about it! Share it on social media using #Do1Thing or you can email us at communications@jrsusa.org