40 PRAYERS FOR 40 DAYS

Whether you have a regular daily prayer you’d like to dedicate during the time of Lent, or you’d like to use Lent as an opportunity to focus your energy towards migrants and refugees, here are 40 intentions for the 40 days of Lent.

**Ash Wednesday**
For all people who have been forced to flee their homes.

**Day 2**
For refugee women, children, and men victims of human trafficking for their release and safety.

**Day 3**
For refugee and migrant victims of unjust labor exploitation for their freedom.

**Day 4**
For refugee children who are forced into different forms of labor.

**Day 5**
For immigrants and refugees who have gone missing, that they may return safely.

**Day 6**
We pray that the “Dying to Live: Stories from Refugees on the Road to Freedom” guides us to support and advocate for refugees and migrants.

**Day 7**
For refugee child soldiers who have forcibly been recruited into gangs.

**Day 8**
For refugee women who find themselves pregnant without health care services.

**Day 9**
For the safety of immigrants who risk their lives by crossing the seas for a better life.

**Day 10**
For JRS companions who have shared their journeys and their passion for JRS’s work over the past 40 years.

**Day 11**
For U.S government leaders who oversee the foreign aid assistance budget.

**Day 12**
For the countries that host displaced people to continue welcoming those in need.

**Day 13**
For government leaders to consider the safety of refugees before repatriating them back to their home countries.

**Day 14**
For the reunification of refugee families that have been separated.

**Day 15**
For refugees who have been repatriated back to their home countries, for a peaceful and safe reintegration.

**Day 16**
For the Church and faith leaders to unite in their efforts to assist refugees and displaced people.

**Day 17**
For peace amongst Syrian refugees in the mist of conflict.

**Day 18**
For American states that continue to resettlement, offering welcome and sanctuary for refugees.

**Day 19**
For immigrants with current deportation court appeals, that they may have a fair ruling and remain safe.

**Day 20**
for those affected by COVID-19 – the sick, the isolated, the refugee, health care workers, and all those who are working to keep us safe.

**Day 21**
Pray for global solidarity in the midst of a global crisis. May we remember our shared humanity and care for each other.

**Day 22**
For the safety and strength of humanitarian workers involved in aiding displaced people during this time of COVID-19.
Day 23 For the home countries of the displaced people, that there may be peace and conflict ceases.

Day 24 For every citizen around the world to stand strongly in prayer for all those impacted by the COVID-19 outbreak, especially refugees.

Day 25 For refugee adolescent girls who are often exploited and forced into child marriages.

Day 26 For refugee women who are survivors of violence. May we find inspiration in their resilience.

Day 27 For Venezuelan refugees who seek medical attention during this uncertain time.

Day 28 For countries on the verge of war and conflict.

Day 29 For authoritative leaders to make wise and compassionate financial decisions during this time of crisis.

Day 30 For JRS and its companions as they continue to accompaniment, advocacy, and service to refugees for another 40 plus years.

Day 31 For refugees who have been unjustly imprisoned and have no way of defending themselves.

Day 32 For the global Church to see the COVID-19 crisis as another opportunity to uphold God’s love and protect the most vulnerable.

Day 33 For all to be reminded that we are all people made in the image of God and deserving of Christ’s love and our kindness.

Day 34 For doors that remain open to all those fleeing from persecution, violence, and war.

Day 35 For all the aid and donations that are meant for refugees to reach them.

Day 36 Pray that we may continue to give a voice to the voiceless during this uncertain time.

Day 37 For JRS companions who have shared their journeys and their passion for JRS’s work over the past 40 years.

Holy Thursday For those who are financially privileged to continue giving toward humanitarian aid services.

Good Friday Pray that we can find calm in the storm. May we continue to be there for each other when all seems so uncertain.

Holy Saturday For all those waiting, waiting to know the fate of their displacement.

Easter For all people who have been forced to flee their homes, that Christ’s resurrection provides light in the darkness and pain of displacement.