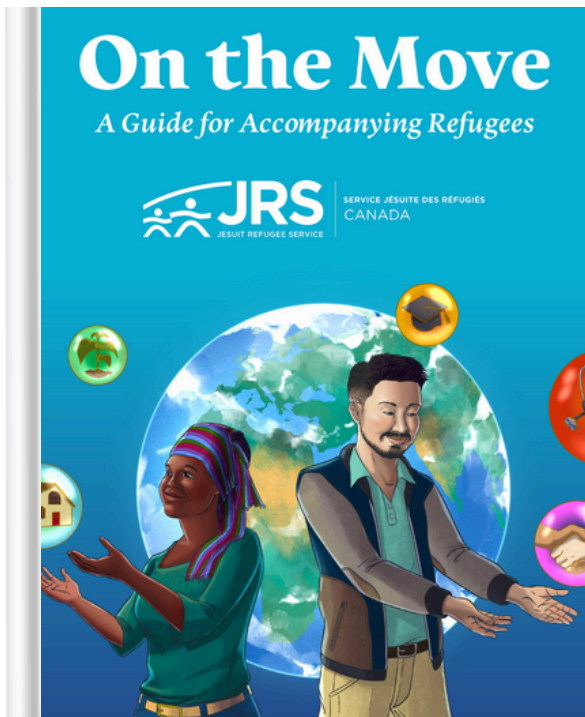




ON THE MOVE

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How to Use this Guidebook: *Journey and Discernment*

Jean Francky Guerrier, S.J. & Tevfik Karatop

This guidebook has been a collective journey of learning and growth. While working on this guidebook, we had the privilege of hearing the stories of refugees and people who serve them.

Reflecting on how we can engage both refugees and non-refugees in creating a just world, we realized that this task demands courage, empathy, and love for one another. As you read this book and respond to the reflection questions at the end of each chapter, we hope that the courage of those who leave their homes will inspire you.

Follow the instructions included below to optimize your experience.

Clara Sayans
clara.sayans@jrsusa.org
JRS/USA Outreach

Tevfik Karatop
tkaratop@jesuites.org
JRS Canada Outreach



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Millions of people embark on a journey into exile due to various reasons such as war, conflict, climate change, and many more. Often, they do not have the luxury of time; they must make radical decisions quickly. We have all faced circumstances that required us to make rapid decisions. While some situations demand immediate responses, there are times when we have time to reflect and find our voice. We hope that you will dedicate intentional time to learn about refugees, reflect on our responsibilities, and discover concrete ways to accompany them on their journeys.

You can use this guidebook on your own, but we strongly recommend forming study groups and answering the reflection questions at the end of each chapter together. This will enable you to discuss the questions and collectively explore how you can accompany, serve, and advocate for refugees. If you are using this guidebook in a group, please listen attentively to others, as their insights may inspire new ways to take concrete action.

This guidebook is organized for individual use or for small group discussions in high schools, universities, faith communities, workplaces, community groups or anywhere where people can come together and have meaningful discussions. You can also form a group with friends or family.

Reading this guidebook and reflecting on these issues is not merely an intellectual exercise. As you read this guidebook, we encourage you to engage your imagination and all five senses. The reflection questions provided after each chapter will help you to reflect with your senses. While reading, try to visualize the lives of the individuals portrayed in the book and see the world through their eyes. Hear their voices and allow your imagination to absorb every word and insight from the book. The senses of taste and smell can help you feel the challenging situations where refugees find themselves and the sweetness, tenderness, and kindness of those who welcome and accompany them. Lastly, the sense of touch can provide a sense of peace, as you journey through the book and meet refugees from all over the world. Please allow yourself to imagine a world where everyone has a place to call home and lives with dignity.



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At JRS Canada, we believe that the wisdom of Indigenous people can guide us organizing sharing circles. Inspired by the work of Jesuit Forum's book *Listening to Indigenous Voices*, we have some recommendations for efficient group discussions. We also highly recommend this guide that aims to facilitate the transformation of minds, hearts, relationships, and actions as to address the legacy of injustices towards Indigenous people in Canada.

- 1.** Start with choosing a facilitator. This person should make sure everyone has access to the guidebook. Participants will arrive having read the chapter for the session.
- 2.** Organize five meetings to have a group discussion where you can share your reflections after reading each chapter. The facilitator may remind group members to read the assigned chapter before each session.
- 3.** We recommend you take at least an hour for each session.
- 4.** If it is the first meeting, open the discussion by allowing participants to introduce themselves and briefly talk about why they are interested in this activity and what they hope to learn.
- 5.** Arrange chairs in a circle for sharing. It may be helpful to have a small table with a lit candle or symbols to serve as a focal point.
- 6.** The facilitator welcomes everyone and begins each session with noting that the meeting is a safe space for sharing, based on mutual respect. The facilitator provides a brief summary of the session.
- 7.** Participants may use the questions at the end of each session as a guide to stimulate sharing and dialogue.



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- 8.** Discussion meetings are for sharing your reflections and more importantly for listening. Listening is key to dialogue. Limit each participant's sharing to a few (2 to 3) minutes to keep the momentum going.
- 9.** We recommend sharing in rounds, with each person taking a turn answering the questions at the end of the session. In the first round, each person shares his thoughts and feelings on the question posed. During the second round each person shares something that someone else said in the first round that touched them. In the final round, people may share if there is something in the second round that stands out, something that seems to be a consensus rising.
- 10.** Everyone has something to share, regardless of experience, education, or position, and everyone's input is needed.
- 11.** For the first part of your meeting, it's best to listen to each other first and to move to open discussion later.
- 12.** Before each round, you could take a moment of silence to allow people to gather their thoughts. This will encourage reflective sharing rather than debate.
- 13.** Close with a quote from the session. Agree on the date and time for the next session.